



# Doctor of Counselling & Psychotherapy



Offering the highest degree credential for Canadian counsellors and psychotherapists

## For the Altruistic Leaders

Our Doctor of Counselling and Psychotherapy helps clinical practitioners become leaders in the burgeoning profession of counselling and psychotherapy. With an applied research approach to learning, the program equips you with the competencies required to further your professional practice, to become educators and leaders in the field, and to mentor and supervise other counsellors. Our professional doctoral program is offered fully online, using both synchronous and asynchronous methods, in order to optimize the overall learning experience. Strive for a more purposeful pathway to professional leadership with the first-of-its-kind doctorate in counselling and psychotherapy.

**Starts:** January, May, September

**Duration:** As few as 3.5 years\*

**Offered:** Online (Asynchronous and Synchronous)

*\*With full course load and year-round study.*

## Strength in numbers

**1st**

graduate program  
of its kind in Canada

**Highest**

degree credential for Canadian  
mental health professionals

**One of the Top**

online Canadian universities

# Doctor of Counselling & Psychotherapy



## Program Features

### Applied Scholarship Project

Our program culminates in an applied scholarship project, instead of a formal dissertation thesis, where you apply the insights of advanced research to resolve problems of practice.

### Practical Focus

The rigorous curriculum helps you acquire the professional autonomy and capacity, knowledge, and skills required for ongoing currency and leadership in your profession.

### Flexible Schedule

Earn your degree 100% online in as few as 3.5 years or extend your program duration to accommodate other life priorities.

## Robust Practical Focus



"Our Doctor of Counselling and Psychotherapy is focused on furthering the professional practice of practitioners who are already in the field and who want to progress in their careers and become leaders in the counseling and psychotherapy field"

*Yvonne Hindes*  
Associate Dean,  
Doctor of Counselling and Psychotherapy

## Career Outcomes

A variety of exciting and fulfilling outcomes are available to graduates of our program, including careers such as:

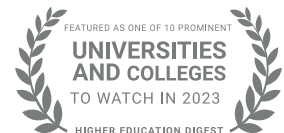
- Leadership Roles within the Counselling and Psychotherapy Profession
- Counsellor/Psychotherapist Supervisor
- Counsellor/Psychotherapist Educator



"I deeply appreciated the level of expertise, the wisdom, and the mentorship of the faculty at Yorkville. I also benefitted from the different perspectives across contexts and geographies, which is possible in an online format."  
*Darlene Denis-Friske*



"I am a psychotherapist, and I am counselling, and I have done a few years of supervision. The doctoral degree at YU seemed to be pretty much matched to me and my career."  
*Shardon Wade*



## Next Steps

Connect with our admissions advisors for more program information and assistance with your application.

[admissions@yorkvilleu.ca](mailto:admissions@yorkvilleu.ca)  
1-506-454-1220



### Ontario

**Head Office**  
85 Richmond St. West  
9th Floor  
Toronto, ON, M5H 2C9

**Steeles Campus**  
2000 Steeles Ave. West  
Concord, ON, L4K 4N1

**Yonge St. Campus**  
460 Yonge Street  
Toronto, ON, M4Y 1W9

### British Columbia

**Head Office**  
88 6th Street  
New Westminster, BC, V3L 5B3

**New Brunswick**  
**Yorkville Landing Suite 102**  
100 Woodside Lane  
Fredericton, NB, E3C 2R9

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Yorkville University offers five programs that are designated in New Brunswick and are delivered online: a Doctor of Counselling and Psychotherapy, a Master of Arts in Counselling Psychology (MACP), a Bachelor of Business Administration (BBA General), a Master of Education in Adult Education (M.Ed.), and a Master of Education in Educational Leadership (M.Ed.). The New Brunswick campus also offers an online associate diploma in Interior Decorating, a Graduate Certificate in Education (GCE), Leadership in Social Justice, and a Graduate Certificate in Education (GCE), Teaching and Learning. Yorkville University also offers a Bachelor of Business Administration (General), and with specializations in Accounting, Energy Management, Project Management and Supply Chain Management. These programs have received consent in British Columbia and are delivered on campus and online.

In Ontario, Yorkville University offers a Bachelor of Business Administration with a specialization in Project Management, a Bachelor of Interior Design (BID), and a Bachelor of Creative Arts, all of which are delivered on campus and online. The institution has been granted a consent by the Ministry of Colleges and Universities (MCU) to offer the BBA for a 7-year term starting 04/06/2017 and the BID for a 5-year term starting 04/06/2017 and the BCA for a 7-year term starting 12/17/2020. Prospective students are responsible for satisfying themselves that the program and the degree will be appropriate to their needs (e.g., acceptable to potential employers, professional licensing bodies or other educational institutions).